



● Methodist Assistance Program

The Direction You Need...
to Find Your Way



Confidentiality Statement

There are strict federal government regulations to protect your confidentiality. No information will be released without your written consent. All records pertaining to MAP services are treated with the strictest confidence in accordance with Federal Regulation (42CFR) part 2.

In addition, using MAP services will not be recorded in your personnel record at work. Your job security *will not* be jeopardized.

In the event that your employer asks you to contact MAP for assistance, MAP will notify the referring supervisor whether or not you keep your first appointment. After that, no further information will be shared without your written consent.

Although MAP professionals are trained to protect your confidentiality, they are also trained to protect lives. In accordance with the law, MAP counselors adhere to the following exceptions to strict confidentiality:

- A MAP professional must act if he or she has reason to believe that an employee is suicidal, homicidal or gravely disabled.
- A MAP professional must report child abuse or the abuse of an elderly dependent.
- A MAP professional must respond if served with a subpoena; if a disclosure relates directly to the circumstances of a homicide; or if a lawsuit for malpractice is filed against the professional.
- A MAP professional may disclose information to protect against criminal acts, if he or she has reason to believe that a threat has been made or an illegal act committed against the employer, MAP staff or their premises.



Methodist Assistance Program

Multiple locations available

MAPLine 317.962.2622 ext 2

800.745.4838 ext 2

IUEAP Line 888.234.8327 ext 2

Mailing address:

Methodist Hospital of Indiana

1701 N. Senate Avenue, Room C-100

Indianapolis, IN 46202



A benefit that goes the distance

Your employer is making this benefit, the Methodist Assistance Program, free to you and your immediate family members. If a problem requires long-term care or clinical services beyond the scope of MAP, your counselor will help you find appropriate resources.



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Call MAP at 317-962-2622 ext 2
or 800-745-4838 ext 2

MAP

The Methodist Assistance Program, or MAP, is an employee assistance program designed to help you and your family stay healthy. MAP is a *confidential* counseling service that focuses on solving personal problems that may affect your work...and your life.

Find your way with MAP

Call MAP if you are facing any type of emotional or psychological issue. We're here to provide the direction you need...to find your way.

Some common reasons employees and their family members use MAP services include:

- Depression
- Family and marital problems
- Stress and anxiety management
- Drug and alcohol abuse

Easy access

A simple, free phone call will get you moving in the right direction.

- 24-hour person-to-person phone access
- 7-days-a-week, 365-days-a-year service
- Multiple locations available
- Emergency appointments

MAP experts help you get your bearings

The qualified and caring professionals of the MAP clinical staff have a wide range of experience, with expertise in areas such as depression, alcohol and drug dependency, stress, and family and marital problems. MAP professionals also hold specialties in child and adolescent behavioral counseling, as well as marriage and family therapy. Every MAP counselor is state-licensed with multiple years of experience.

Find yourself Find home Find peace Find independence